

**DIPLOMA IN GENERAL NURSING AND MIDWIFERY - FIRST YEAR
EXAMINATION, SEPTEMBER 2024
NEW SYLLABUS
Paper –III – NURSING FOUNDATION**

Time: Three hours

Maximum marks: 75

Note: 1. Answer all the questions.
2. Draw diagrams wherever necessary

I. Choose the correct answer (20x1=20)

1. When the client moves the arms away from the body, the movement is
(a) Abduction (b) Adduction (c) Flexion (d) Extension
2. Putting nursing care plan into action
(a) Assessment (b) Planning (c) Evaluation (d) Implementation
3. Pulse rate below 60 per minute is known as
(a) Bradycardia (b) Tachycardia
(c) Water hammer pulse (d) Collapsing pulse
4. Inflammation of the joints is called
(a) Adenitis (b) Gastritis (c) Arthritis (d) Endocarditis
5. When the patient experiences excessive thirst is called
(a) Hyperpnea (b) Polyurea (c) Polydipsia (d) Polyphagia
6. Destruction of microorganisms including spores is known as
(a) Disinfection (b) Boiling (c) Autoclaving (d) Incineration
7. Nelson inhaler is used in the procedure of
(a) Steam inhalation (b) Suctioning
(c) Nebulization (d) Oxygen administration
8. Special mouth care should be done using
(a) Sodium permanganate (b) Potassium permanganate
(c) Magnesium chloride (d) Potassium chloride
9. Position used to give soap and water enema is
(a) Prone position (b) Left lateral position
(c) Right lateral position (d) Knee chest position
10. Bed cradle is used for
(a) Heart patients (b) Orthopedic patients
(c) CVA patients (d) Burns patients
11. Rabies is caused by
(a) Snake bite (b) Insect bite (c) Dog bite (d) Mosquito bite
12. Constipation can be prevented by
(a) High protein diet (b) High carbohydrate diet
(c) High fat diet (d) Fiber rich diet

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13. Inflammation of the gums means
(a) Glossitis (b) Gingivitis (c) Adenitis (d) Sinusitis
14. A bandage is used to
(a) Control bleeding (b) Hold dressing or splint in position
(c) Restrict movement of body part (d) All of the above
15. Which is the right catheter size for adult?
(a) No.22 FR (b) No.14 FR (c) No.18 FR (d) None of the above
16. Total cessation of breathing is called
(a) Tachypnea (b) Bradypnea (c) Apnea (d) Cyanosis
17. Aim of first aid is to
(a) Preserve life (b) Protect from further harm
(c) Vent injury from becoming worse (d) All of the above
18. Which of the following is not function of the skin?
(a) Protection and prevention of water loss (b) Excretion and secretion
(c) Respiration (d) Synthesis of vitamin C
19. If the room was used for a client with communicable disease, it should be
(a) Sterilized (b) Disinfected (c) Fumigated (d) Isolated
20. Drugs used to prevent nausea and vomiting are
(a) Antibiotics (b) Antidote (c) Antiemetics (d) Androgens

II. Write short notes on any FIVE of the following (5x5=25)

1. Hand washing techniques
2. Define disaster. Write the phases of disaster management?
3. Write the principles of drug administration and explain various routes of drug administration
4. Define asepsis and differentiate between medical and surgical asepsis
5. Define splint and explain types and its purposes
6. Principles of first aid

III. Explain in detail any THREE of the following (3x10=30)

- 1) Define vital signs. Write the purposes of vital signs and write the nursing care of a patient with hyperpyrexia
- 2) Define communication and explain the process of communication
- 3) Define constipation. Write the causes and management.
- 4) Define physical examination. Explain in detail about the methods of physical examination
